

PRO MED PREVENTIVE CARE GUIDELINES

AGE GROUP: AGE 4- 20 YEARS

SCREENING	4-6 yrs	11-12 yrs	13-18 yrs	18-20 yrs
Developmental assessment: H & P; Ht, Wgt, Growth Chart if applies, Dental, Nutritional	X	X	X	X
Hearing (Audiometric screen)	CLINICAL	DISCRETION		
Vision screen	X	X	X	
DX TESTS				
Lead Screen * If high risk	CLINICAL	DISCRETION		
TB exposure risk assessment	IF	HIGH	RISK	
Cervical Cancer: PAP Test: Age 18 or earlier if sexually active		CLINICAL DISCRETION	1 X YR. After 2 Neg-then Q 3 YR	
Chlamydia screen; for sexually active females			CLINICAL	DISCRETION
IMMUNIZATIONS				
DTAP (BOOSTRIX OR ADACEL)		DTAP	X- IF NOT GIVEN @ 11- 12	
MMR (2 ND DOSE)	MMR	X- IF NOT GIVEN @ 4-6 YR		
IPV	IPV			
Hepatitis B (If not prior vaccinated- 3 doses)	If not prior vaccinated			
Varicella (Only if child susceptible –lack history of vaccine or disease) >= 13 yrs, 2 doses give 4 wks apart			If susceptible	
Pneumococcal PCV ; age 24- 59 mos: for high risk only	Hi risk			
Influenza (high risk only)				
Meningococcal (MCV4): (Menectra)		X	Age 15 if not given @ age 11	College freshman in dorm
Hepatitis A 2 doses 6 mos apart after age 1 high risk areas/groups	CLINICAL		DISCRETION	
COUNSELING				
INJURY PREVENTION: Car Seats; Seat Belts; Bicycle Helmets; Smoke Detectors; ; Pool Fences; Safe storage of drugs, matches, firearms and toxic substances	DOCUMENTY	IN	RECORDS	
Sun Protection		ON		
SUBSTANCE ABUSE: Poison control number; Syrup of Ipeccac; Safe drug storage				
Passive smoking effects	EVERY	ROUTINE	VISIT	
DIET & EXERCISE: Includes dental health (baby bottle tooth decay) ; Physical activity				

Preventive care Manual: Rev: 4/06

These guidelines for healthy individuals should not be considered medical advice in any form, type or manner. Medical advice and health recommendations are best discussed between members and physicians.

